

SEMILLA AXIS
CREWS
T10C - PT.4

Objective: Understand the 4th commandment, by looking at it from different angles, and applying it to our life.

Ice Breaker: *(Include everyone in the conversation)*

1. What is your favorite place to rest?
2. In your opinion the “perfect” vacation is enjoyed best when you:
 - a. Travel Alone
 - b. Travel with someone (who?)
3. Would you prefer a weekend vacation on a beach house or on a cabin in the woods?
4. How long is the perfect vacation?
5. What gets you most tired in a vacation?
6. If you could take only 1 thing on a vacation, what would you take?

Observation / Application Questions:

1. Take a couple of minutes to review the memorized verses. (VV.1-7)
2. Let’s read V.8 in 3 different versions. What is the dominating verb in this verse?
What does “REST” mean to God in light of Exodus 2:24?
3. What were the Israelites invited to do in VV.9-10? How do you think this commandment would sound in the ears of people who were in slavery for 400 years? How does this commandment sound to you?
4. What comes to mind when you hear this verse: “The day of rest is for the LORD your God?” What do you think this verse means?

5. In light of Acts 20:7; what day of the week did people in the first century church meet? Do you think it has anything to do with the resurrection of Jesus in Mark 16:9?
6. What similarities can we find in these verses: Isaiah 30:15, Hebrews 4:9-10, Mathew 11:28-30?
7. How important is it for you to dedicate one day to Rest and Worship God?
 - a. Would you say that going to church to hear God's voice, worship him and rest in Him, is a priority in your life?
 - b. How do you prioritize your time of Worship with God when things like: birthday parties, anniversaries, or sports events, happen at the same time?
 - c. What helps you rest in God?

Pray For One Another

Verse To Memorize: Exodus 20:8-11 | *"Remember the Sabbath day, to keep it holy. Six days you shall labor, and do all your work, but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates. For in six days the Lord made heaven and earth, the sea, and all that is in them, and rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy."*